



IYENGAR YOGA

NATIONAL ASSOCIATION OF THE UNITED STATES

JULY 2007 IYNAUS BULLETIN

IYNAUS BOARD MEMBERS

Officers:

Linda DiCarlo: President, Nominating, Royalty, and Scholarship Chair

Richard Jonas: Vice President, Outreach Chair

Pat Musburger: Secretary, By-Laws and Regional Support Chair

Bobbie Fultz: Treasurer, Finance and Store Chair

Members at Large:

Gail Ackerman: Newsletter Chair

Constance Braden: Archives Chair

Adriana De Franco: Membership Chair

Gloria Goldberg: Certification Liaison, Ethics, Events, and Service Mark Chair

Linda Lutz: Website and Yoga Research Chair

Let us know how we're doing and what we can do more, better or differently to support you and our extended community. Please use www.iyenaus.org/contact for email correspondence.

BOARD MEETING

We met June 8-9-10 at John Schumacher's Serendipity Retreat Center in Berkeley Springs, West Virginia, our first meeting after the Las Vegas convention, where we were gifted with the teaching of Geeta Iyengar. Many of the project ideas presented at the convention's IYNAUS general membership meeting are coming to realization, and much of our discussion centered on those projects. Attending were Linda DiCarlo, Richard Jonas, Bobbie Fultz, Pat Musburger, Gloria Goldberg, Adriana DeFranco, and Constance Braden, with Steve Hornbacher and Kathleen Pringle making appearances to discuss particular subjects. Linda Lutz and Gail Ackerman were unable to attend.

Richard Jonas graciously offered to host the next board meeting in New York, October 19–21, 2007.

PERSONNEL CHANGES

Four changes have occurred. First, during their meeting at the convention, assessors elected **Kathleen Pringle** to the position of Certification Coordinator. We thank her and her newly formed committee—**Marla Apt, Laurie Blakeney, Kristin Chirhart, Dean Lerner** and **Rita Manos**—for taking on this enormous responsibility. We welcomed Kathleen at our meeting on Sunday and hashed out some logistical details.

A second major change: **Bobbie Fultz** will be moving to Boulder, CO this summer to take over the job of IYNAUS store manager. We thank and greatly honor current store manager **Laura Allard** for her exceptional work during an astounding eleven years of volunteer service to the community.

The expanded position of store manager involves new responsibilities, including the publishing of an American edition of *Light on the Yoga Sutras*, supervising the editing of CDs and DVDs of material from the archives for sale in the store, and helping to put the store online. Bobbie's 10 years of experience in conversions to computers in the business world make her eminently qualified for the position. Hers will be one of the new paid positions the IYNAUS board created to professionalize more of our work.

The next personnel change is **Adriana DeFranco** taking **Steve Hornbacher's** position on the board and assuming the job of membership chair. Welcome Adriana, and thanks again Steve for your hard work and good sense.

And finally, after 9 months with the new board members in their assigned rolls, an adjustment was made with the Secretary's position. Linda Lutz was unable to attend this meeting and has

had her hands full with the website committee work. Pat Musburger agreed to assume this position so that Linda can focus on the Website Committee as well as chairing the Yoga Research Committee.

WEBSITE COMMITTEE

Co-Chairs: Linda Lutz and Steve Hornbacher

Linda and Steve narrowed the search for a company to design a new IYNAUS website to three. Each company will be asked to show what they would do with some of the more important aspects of the site. Steve presented us with an outline of the site's requirements. New features will include being able to order from the store and apply for certification assessment, along with getting basic information about Iyengar Yoga and what to expect in an Iyengar Yoga class. Steve, though stepping down from his board position, agreed to continue to lend his expertise to the project until our new executive director takes over.

EXECUTIVE DIRECTOR

The search for an executive director will run concurrent with that for a website designer and have equal priority. The executive director must understand the workings of this complex site. In addition, the director will perform many of the duties currently done by the volunteer board to allow the board to focus on policy decisions, fundraising, and long range planning. Board President Linda DiCarlo heads the search committee, which is currently creating a detailed job description.

EVENTS COMMITTEE

Chair: Gloria Goldberg

Dates are set for the 2010 Convention—the second week in May.

We discussed the report from the Las Vegas convention planners and the evaluations returned by the attendees. This information goes on to the next group of planners.

Guruji will celebrate his ninetieth birthday in December 2008. The board encourages centers around the country to celebrate with fundraising events for the Bellur Project. An effort to weave together the events of the celebration is underway. You'll be hearing more about it soon.

NEWSLETTER COMMITTEE

Chair: Gail Ackerman

The next edition of *Yoga Samachar* contains an interview with Geetaji, conducted at the convention by editor, Gail Ackerman. This rare interview, plus insightful essays make it a particularly stunning issue.

ETHICS

Chair: Gloria Goldberg

A letter has been written to be sent to anyone using Mr. Iyengar's name improperly—to educate them on its correct use—and another to be sent to those doing teacher training without the proper level of certification. These will be issued when a complaint comes from a member of the Iyengar yoga community.

OUTREACH COMMITTEE

Chair: Richard Jonas

Over 5000 copies of the revised *Yoga in the Iyengar Tradition* brochure were distributed at the convention and a completely new edition of the brochure is in the works. Work is progressing on a stylebook and an ad to be placed in the brochure of the *Yoga Journal* conference in September.

MEMBERSHIP AND REGIONAL SUPPORT COMMITTEES

Chairs: Adriana DeFranco and Pat Musburger

Starting in July 2007, new members will receive a welcome packet, including a welcome letter, the most recent edition of *Yoga Samachar*, and materials provided by regional associations.

Two regional associations were declared inactive or not in compliance with their by-laws. Association members will be receiving a letter explaining this set of circumstances and information about the course of action the members of those regions may take to come into compliance.

TREASURER'S REPORT

Treasurer: Bobbie Fultz

Final financial figures from the convention will not be available for another month or so as certain accounts are still pending.

With more professional staff being used by IYNAUS, the need for a formal contract was discussed. Bobbie Fultz was charged with preparing a standard contract form to be used for anyone doing paid work for the association.

ARCHIVES COMMITTEE

Chair: Constance Braden

We are in the process of hiring a professional preservationist to evaluate the preservation work needed in the future to best preserve our archives.

ROYALTY AND SCHOLARSHIP COMMITTEE

Chair: Linda DiCarlo

Congratulations to **Victoria Austin** of San Francisco who was awarded the April 30 Karin O'Bannon Scholarship.

NOMINATING COMMITTEE

Chair: Linda DiCarlo

Linda and her committee have nearly completed the slate for the 2008 board election.

BY-LAWS COMMITTEE

Chair: Pat Musburger

We amended the by-laws to reflect the new process by which the Certification Coordinator is selected by the assessors.

REFLECTIONS

From "Yoga and Peace"

Today the word santi (peace) is uttered as 'peace' but spells 'war'. In the name of peace wars are taking place. We have landed on the moon, but we have not yet landed in our own hearts. Yoga is the method for exploration on the bright sun, the Self, that blazes in each individual so that the human brain may come closer to the conscience of the heart; then men can come closer to each other transcending individualistic personalities. Hence I feel that yoga is a subject of the 21st century. Many scientific and technological discoveries may disappear but yoga shall not. It is the only subject that can uplift, maintain, sustain, support and build up the growth of mental health in each individual to come closer to each one's heart.

From a talk given by B. K. S. Iyengar in Barcelona, Spain. October 26, 1986. Published in Astadala Yogamala Volume 1 2000.

This Bulletin was prepared by Constance Braden and Pat Musburger. If you would like to contribute a brief reflection or poem to our Reflections section, please let us know.

THE BKS IYENGAR YOGA NATIONAL ASSOCIATION OF THE UNITED STATES IS COMMITTED TO DISSEMINATE AND PROMOTE THE ART, SCIENCE AND PHILOSOPHY OF YOGA ACCORDING TO THE TEACHINGS OF B.K.S. IYENGAR.

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