



# IYNAUS Bulletin

## November 2008

### ***IYNAUS BOARD MEMBERS***

#### ***OFFICERS:***

Chris Beach: President, Archives Committee Chair

Richard Jonas: Vice President, Communications Chair

Pat Musburger: Secretary

Marty Teasdale: Treasurer, Finance and Yoga Research Committee Chair, Service and Certification Mark Liaison

#### ***MEMBERS AT LARGE:***

Patrina Dobish: By-Laws, Events and Nominating Chair

Leslie Freyberg: Regional Support and Scholarship Chair

Elizabeth Hynes: Membership Chair

Christine Nounou: Systems and Technology Chair

Karin O'Bannon: Certification Liaison, Ethics Chair

On October 17—19, 2008 the IYNAUS board of Directors met in San Diego, CA. Those in attendance were: Chris Beach, Patrina Dobish, Leslie Freyberg, Richard Jonas, Pat Musburger, Christine Nounou, and Marty Teasdale. Elizabeth Hynes and Karin O'Bannon were unable to attend.

Here's the news from the meeting:

### ***New Board and Committee Restructuring***

Seven new board members began work in October. Following the resignations of Constance Braden and Linda Lutz, the Nominating Committee appointed Elizabeth Hynes and Karin O'Bannon to fill their positions. We thank Constance and Linda for their service and welcome all the new board members.

After much discussion the board decided that the time had come to rewrite several by-

laws and realign committees to make them more in keeping with the current and changing needs of the organization. The new IYNAUS Board structure is as follows:

**Officers and Executive Committee:**

President	Chris Beach
Vice President	Richard Jonas
Secretary	Pat Musburger
Treasurer	Marty Teasdale

**Archives Committee:**

Chris Beach, Chair  
Eddy Marks, Archives Coordinator

**By-Laws Committee:**

Patrina Dobish, Chair

**Certification Committee:**

Kathleen Pringle, Coordinator  
Karin O'Bannon, Board Liaison

**Communications Committee:**

This new committee oversees all external communications for the association including the content for the website, brochures, and *Yoga Samachar*. It replaces the Outreach Committee and absorbs portions of Website and all of the Newsletter Committee.  
Richard Jonas, Chair  
Constance Braden, Editor *Yoga Samachar*

**Ethics Committee:**

Karin O'Bannon, Chair

**Events Committee:**

Patrina Dobish, Chair

2009 Regional Conference Chairs: Linda DiCarlo, Patricia Walden  
2010 IYNAUS Convention Chairs: Gloria Goldberg, Julie Lawrence

**Finance Committee:**

This committee is responsible for all IYNAUS financial functions.  
Marty Teasdale, Chair  
Bobbie Fultz, Store manager  
Sandra Lee Moore, Bookkeeper

**Membership Committee:**

Elizabeth Hynes, Chair

The Membership Chairs of each region make up the committee.

**Nominating Committee:**

Patrina Dobish, Chair

**Regional Support Committee:**

This new committee is responsible for communications with the regions and represents the needs and wishes of the regions to the board. Each region has a representative on the committee.

Leslie Freyberg, Chair

**Scholarship Committee:**

Leslie Freyberg, Chair

**Service and Certification Mark & Royalty Committee:**

Gloria Goldberg, Attorney in Fact for B.K.S. Iyengar

Marty Teasdale, Board Liaison

**Systems and Technology Committee:**

This new committee is responsible for the technical aspects of the website, our virtual office, and the maintenance of the intranet used by the Board of Directors.

Chris Nounou, Chair

**Yoga Research Committee:**

Marty Teasdale, Chair

***New General Manager Hired***

On November 17, Sharon Cowdery joined IYNAUS in the role of General Manager. As the new GM, Sharon will manage the organization's day-to-day operations and put into action the strategic initiatives defined by the Board of Directors. To borrow a metaphor from bicycling, Sharon will serve as a hub for our community, ensuring effective communications and strong relationships among Board members, senior teachers, volunteers and all of our members.

Sharon was formerly the Institute Manager at the Iyengar Yoga Institute of New York, and has recently been working in Development for the American Lung Association of the Northwest. This brought her back to the Seattle area where she now lives and studies with Pat Musburger at Tree House Iyengar Yoga. The Board welcomes Sharon and looks forward to working with her.

## *IYNAUS Store Location Moves to Denver*

Store manager Bobbie Fultz requested a move of the IYNAUS Store from Boulder to Denver, CO. She secured an agreement with the Iyengar Yoga Center in Denver to sublet space in their facility for both the store and an office. This move provides more community support for the store and more convenience for vendors and customers alike. Beginning in early December the store address will be 770 S Broadway, Denver, CO 80209.

## *Certification News*

Kathleen Pringle, Certification Coordinator reported a change on the committee. Rita Lewis-Manos has resigned due to other commitments. However, Mary Reilly has agreed to serve on the committee. We thank Rita for her service and welcome Mary. The 2008 assessments are moving along well. Hurricane Ike did cause a postponement of the introductory assessment held in Houston. But there was no harm done to the Houston Iyengar Yoga Center and the assessment was successfully rescheduled.

Venues for the 2009 Assessments have been secured. The number and levels of assessments are based on replies from those interested and the assessors available. The overall number of assessments in 2009 will be increased by 2 from those in 2008

2009 Assessments:	Teacher in Training	7 Venues
	Introductory Level	7 Venues
	Intermediate Jr. I	3 Venues
	Intermediate Jr. II	1 Venue
	Intermediate Sr. I	1 Venue

The Certification Committee requested a \$25 increase in the assessment fee for 2009. This request is based on the substantial increase in the cost of travel expenses for assessors. The Board granted the request and sincerely hopes that this will place no burden on candidates.

Mr. Iyengar recently granted Introductory Certification to Matthew Sanford and upgraded Carolyn Belko to Intermediate Senior II and Donna Hood Pointer to Intermediate Senior III. Congratulations to these outstanding teachers.

## *Website Update*

Recent additions to the IYNAUS website include a practice sequence from Bobby Clennell's book The Woman's Yoga Book, general practice sequences from the Iyengar Yoga Institute of New York, and the latest issue of *Yoga Samachar*. This stunningly beautiful issue celebrates Guruji's 90<sup>th</sup> birthday and includes a special tribute to Mary Dunn.

The move to an online edition came about for environmental and economic reasons. If in the future you prefer to receive a printed and mailed copy of *Yoga Samachar* we will attempt to fulfill your request. The Board would appreciate hearing from members on this decision. Only through your feedback can we better serve you. Please contact Board President Chris Beach <beach59@hotmail.com>

Systems and Technology Chair Christine Nounou and Communications Chair Richard Jonas look forward to continually updating the web site bringing more useful information to our members. Please feel free to contact them with ideas and concerns.

[Christine Nounou@McKinsey.com](mailto:Christine.Nounou@McKinsey.com) or [rrjny@rcn.com](mailto:rrjny@rcn.com)

### *Archives Report*

Eddy Marks, Archives Coordinator, updated the board on the activities of his committee. The editing work on the DVD of the Yasodhara Video is finished. DVDs of Geeta Iyengar's teaching at the Yasodhara Ashram in Canada earlier this year will be available for purchase soon. A notice will appear on the website when it is ready

It was agreed that the Archives Committee would develop one video project each year for the IYNAUS store. The 2009 project will be entitled *The Silent Years*.

### *Next Meeting*

The next board meeting will be March 13—15 in New York City. Please feel free to contact any board member with concerns or questions. We want to know what we can do better, differently, or more of to serve you and our extended community.

*Please use [www.iytaus.org/contact](http://www.iytaus.org/contact) for email correspondence.*

*The goal of yoga is near or far according to  
one's eagerness and one's efforts,  
B.K.S. Iyengar*