

IYNAUS Bulletin

July 2009

IYNAUS BOARD MEMBERS

OFFICERS:

Chris Beach: President, Archives Committee Chair

Richard Jonas: Vice President, Communications Chair

Pat Musburger: Secretary, by-Laws and Yoga Research Chair

Kathleen Quinn: Treasurer, Service and Certification Mark & Royalty

Committee Liaison, Finance and Store Committee Chair

MEMBERS AT LARGE:

Patrina Dobish: Events and Nominating Chair

Leslie Freyberg: Regional Support and Scholarship Chair

Elizabeth Hynes: Membership Chair

Christine Nounou: Systems and Technology Chair

Suzie Muchnick: Certification Liaison and Ethics Chair



On June 19--21, 2009 the IYNAUS Board of Directors met in Seattle, WA Those in attendance were: Chris Beach, Patrina Dobish, Leslie Freyberg, Elizabeth Hynes, Richard Jonas, Pat Musburger, Christine Nounou, Kathleen Quinn, and General Manager Sharon Cowdery. Here are highlights from the meeting and actions taken by email following the meeting.

Certification News: Kathleen Pringle, Certification Coordinator, Suzie Muchnick Board Liaison

As the “assessment season” begins Suzie Muchnick joins the board as the new Certification Liaison. Colleen Gallagher resigned her position on the board and we are fortunate to have Suzie stepping in to complete that term. Having served on the board from 2000 to 2004, she brings with her a wealth of knowledge and considerable commitment to the community. We thank Colleen for her service.

This year there are 188 candidates in 5 levels of certification at 18 venues. Venue coordinators received new materials to help the process. In addition to the venue checklist, new this year are revised requirements for volunteer students, a hand out for those students, and a reminder that venues need to have liability insurance.

Certification Coordinator Kathleen Pringle emphasized that assessment candidates can order a copy of Basic Guidelines as soon as they apply for assessment. They need not wait until they receive their venue assignment.

The board approved a recommendation from the Certification Committee that approved Teacher Training Programs may order Basic Guidelines in bulk.

Events for Everyone: Patrina Dobish, Events Chair

Shining Light on New England 2009

Our first Regional Conference to be held October 16—18 in Providence, RI is now open for general registration. This is an opportunity for those practicing any style of yoga to experience some of our finest Iyengar Yoga teachers. Registration of Iyengar students has been strong but there is still time to register.

<http://iyengarnewengland.com/>

Reflection: Light on Yoga Therapeutics with Dr. Geeta S. Iyengar

The 2010 Iyengar Yoga Teachers Convention is scheduled for May 11-16, 2010 in Portland, Oregon. Curriculum Chair Lois Steinberg describes the convention this way: *An opportunity for teacher-*

practitioners of Iyengar Yoga to learn and grow under the light Dr. Geeta S. Iyengar will shed upon therapeutic applications of asana and pranayama. We have the good fortune to reflect in, and upon, her wisdom and experience.

The convention steering committee invites you to visit their website <http://www.iyengarteachersconvention.com/index.html> . You will find information about hotel reservations, volunteering, and becoming a vendor.

2011 Regional Conference

The Board approved a request from the Midwest Region to host the next regional conference. The date and place are yet to be determined, stay tuned.

IYNAUS Store On the Move: Kathleen Quinn, Finance and Store Chair

The Board voted to move the physical location of the store to Seattle, WA so that General Manager Sharon Cowdery can be more involved in its management. Only a few days of operation will be affected when the actual move takes place. Members will be alerted to that.

Bobbie Fultz is leaving as Store Manager effective August 7. Bobbie will now have more time to pursue her primary interest, teaching yoga. We thank Bobbie not only for her work with the store but also for the many years she has worked in the Iyengar community, serving on the IYNAUS Board and the Greater New York regional board.

Treasurer Kathleen Quinn reported that Kathy Ricci has joined the Finance Committee. Kathleen informed us that the association is financially solvent but that we must continue to be prudent in our operations and expand our sources of revenue.

Communication Gets Clearer: Richard Jonas, Communications Chair

Yoga Samachar

The Spring/Summer issue of *Yoga Samachar* was mailed and all members should have received theirs. If you have not, please notify us. Congratulations went to Editor Constance Braden, designer Don Gura, and all the contributors for the quality of this issue. It is also posted on the website.

All members are reminded that this is the last issue to be mailed to you if you do not respond either by phone or mail. Call 888-344-0434 and press 3, leave your name and phone number and tell us that you'd like to receive *Yoga Samachar* by mail. Or you may complete and mail the form found on page 10 of the Spring/Summer 2009 issue.

The Board approved one of the designs created by Don Gura for the plaque to honor the "Lighting the Way Award" recipients. It will be on display at the conference in Providence and at all subsequent conferences and conventions

Missing Members a Concern: Elizabeth Hynes, Membership Chair

Currently there are 2,485 IYNAUS members. The number is low possibly due to the difficult economy. However, over 150 Certified Teachers are not current with their dues. Technically this means they are not in good standing as teachers. Letters will be sent to those teachers urging them to fulfill their obligations. Teachers can check their status on their webpage.

The Board authorized an "In Memoriam" page for the website to honor those Iyengar teachers who have died. We ask the membership to help us in remembering everyone.

Yoga Rahasya

Elizabeth has sent to India the names of members who have not yet received all their 2008 issues of *Yoga Rahasya*. They have told us that all issues will be mailed but we urge members to continue to be patient and Elizabeth will continue to monitor the situation.

Website Continues to Grow: Christine Nounou, Systems and Technology Chair

The Board approved funds for the next development project for the website which is placing the certification application process online. S&T Chair Christine Nounou and Kathleen Pringle have been working together to finalize the needs of the process. It should be in place for the 2010 assessments.

Regular visitors to the website will notice that the content is consistently being updated. Working with Richard Jonas and the Creative Circle of contributors, S&T keeps news and materials fresh. Members are urged to visit the site regularly

for a great deal of helpful information. In addition, teachers will find that their personal information has been updated and any studio wanting to use the word Iyengar in their name can now find the permission request form online.

Regional Associations Get a Boost: Leslie Freyberg, Regional Support Chair

When you visit the IYNAUS website, one of the new features you will notice is the expanded Regions page. An explanation of the relationship of national and regions and a listing of the basic geographic areas served by each region should assist new and current members in understanding the structure of IYNAUS.

Yoga Research Has Timely Revival: Pat Musburger, Yoga Research Chair

The Board approved the plan for a new webpage devoted to yoga research. Pat Musburger's committee has been working to collate research findings available on the internet and provide a link to them through our website. In addition the new webpage will work as an exchange between those with research projects and studios or students wanting to participate in studies.

The new webpage will be up by late summer. Members are invited to send any additional information to the committee for posting. Contact Pat Musburger at (pat's iynaus address)

2010 Elections Take Shape: Patrina Dobish, Nominating Chair

Patrina presented a list of possible nominees for the 2010 election. These people will be interviewed to determine the final ballot.

At the request of the Nominating Committee the Board approved the formation of an Ad-Hoc Committee to explore a change in the nomination process.

Chris Saudek has stepped down from the committee and Elise Browning Miller has agreed to complete Chris's tenure on the board. We thank Chris for her service and welcome Elise.

Scholarship Deadlines: Leslie Freyberg, Scholarship Chair

Members are reminded that the deadline for applying for the next Karin O'Bannon Scholarship is July 31st. You can read an article by the most recent recipient, Alex Hansen, on the website.

Archives News: Chris Beach, Archives Chair

Archives Director Eddy Marks reported that all archival VHS tapes and U-Matic tapes have been digitized.

While in India, Eddy is working closely with Geeta Iyengar developing a DVD based on the booklet "Know Your Institute" and discussing other possible projects.

Members are reminded that the latest archives DVD project, *Yasodhara Canadian Intensive with Dr. S. Geeta Iyengar - Asanas & Lectures* is available for purchase through our website.

By-Laws Committee Change: Pat Musburger, By-Laws Chair

Patrina Dobish requested to be relieved as chair of the By-Laws Committee due to the demands on her time from the Events and Nominating Committees. Pat Musburger, previous chair of the committee, volunteered to take the position. The Board approved the change. No by-laws changes were requested at the meeting.

Distinguished Guest

Leslie Hogya, President of the Iyengar Yoga Association of Canada, joined the Board for lunch on Saturday and sat in on a portion of our meeting. We compared notes on a number of issues and IYNAUS extended a personal invitation to Canadian teachers to attend the 2010 Convention. We are planning an informal meeting of the 2 boards at that time to discuss how we might assist each other.

Next Meeting

The next board meeting will be October 23—25 in Chicago. Please feel free to contact any board member with concerns or questions. We want to know what we can do better, differently, or more of to serve you and our extended community.

Please use www.iyenaus.org/contact for email correspondence.

The yogi learns to forget the past and takes no thought for the morrow. He lives in the eternal present.

B.K.S. Iyengar

